I am going to the Flynn to see a show! The Flynn Center is the biggest performing arts center in Vermont. The Flynn hosts a variety of performances including music, theater, and dance.

We will have to travel to the Flynn Theater. We might travel:
- by car
- by bus
- on foot
- by bike

When we get to the Flynn there will be other people arriving as well. It might be crowded and noisy in the lobby and theater. I might have to wait my turn to enter the theater but it’s important to stay with my group and to follow our ushers to our seats.

When we are in the theater, it’s important that we follow the rules and expectations.
I need to remember to:
- Stay with my group.
- Sit calmly in my seat.
- Have a quiet voice.
- If I need to go to the bathroom, I can ask the people who are with me.

This is what the inside of the theater looks like before everyone arrives for the show. You will get to sit in one of these seats to watch the show!
Right before the show starts:
- The lights will dim and the theater may get dark.
- There may be a pause before the show starts.
- A person will come on stage and welcome us to the show and tell us information about the show and the Flynn.

During the show:
- There might be music.
- There might be bright lights on stage.
- There might be loud or surprising noises.
- If it’s too loud, I can wear my headphones.
- If I need a break, I can sit or walk around in the lobby, find a quiet place to relax, or watch the show on a video screen.
- The Flynn has headphones, glasses, weighted blankets, fidgets and comfort items that I can borrow and use during my break or bring into the theatre while I watch the show.

At the end of the show:
- The lights will get bright again.
- The audience might clap or cheer respectfully.
- We may have to wait as people around us leave their seats.
- On the way out of the theater I should stay with my group.
- If I need to use the bathroom before we leave I should ask my group.

The Flynn Center is a great, safe place and seeing a show there is a lot of fun!